

WHAT IS CLAIMED IS:

1. A buckle, comprising:
a socket;
a plug having a tip end to be inserted to the socket and to be released from the
5 socket by pressing from both sides of the socket, the plug having a base formed on a base
end, at least a pair of lock arms extending from the base to the tip end of the plug, an
engaging part formed on a part of the lock arm to be engageable with the socket, and a
pressing part disposed at a part of the lock arm to be pressed when the socket is released;
and
10 a bridge connecting the parts of at least the pair of lock arms.
2. The buckle according to claim 1, wherein both ends of the bridge are connected
to the lock arms, and a central part of the bridge is located on the side of the tip end of the
plug relative to the both ends.
3. The buckle according to claim 2, wherein the both ends of the bridge are located
15 on the side of the base end of the plug relative to the pressing part, and the central part of
the bridge is located on the side of the tip end of the plug relative to the pressing part.
4. The buckle according to claim 2, wherein the bridge is approximately V-shaped
bent at the central part.
5. The buckle according to claim 4, wherein the center angle of the approximately
20 V-shape is 90 degrees or less.
6. A buckle comprising:
a socket;
a plug having a tip end to be inserted to the socket and to be released from the
socket by pressing from both sides of the socket, the plug having a base formed on a base
25 end, at least a pair of lock arms extending from the base to the tip end of the plug, at least
one guide bar disposed between the lock arms, an engaging part formed on a part of the
lock arm to be engageable with the socket, and a pressing part disposed at a part of the
lock arm to be pressed when the socket is released; and
a bridge connecting the parts of at least the pair of lock arms and extending

around a tip end of the guide bar.

7. The buckle according to claim 6, the tip end of the guide bar is located on the side of the tip end of the plug relative to the both ends of the bridge and the bridge extending around the tip end of the guide bar at the central part thereof.